

ASSISTANCE RESOURCES FOR TRIGG COUNTIANS IN NEED

Rev#3 02/22/24

Compliments of The Way Christian Youth Center

Baby Supplies:

- Simple Blessings...72 Main St ...270-522-6002...Third Saturday of each month...10-11AM.
- Caron Johnson Infant Resource Center...Little River Baptist Association...
149 Old Dover RD...270-522-7066...8AM-4PM...littleriverbaptistassociation.com
- HANDS Program (first-time parents only)...Trigg County Health Dept...196 Main St...
270-522-8121
- Joy Closet (Foster/Kinship Families)...814 Belmont St...Hopkinsville, KY 42240...
270-632-1232...joycloset@gmail.com...must provide Foster papers

Children's Toys and Gifts (HOLIDAYS):

- Toys for Tots...Trigg County Ambulance (behind hospital)...270-522-2541...Will help children
birth-12 years old...Parent must complete application.
- Angel Tree...Department of Community Based Services...277 Commerce St...270-522-3451
- Joy Closet (Foster/Kinship Families)...814 Belmont St...Hopkinsville, KY 42240...
270-632-1232...joycloset@gmail.com...must provide Foster papers

Cleaning (household) and Personal Hygiene Supplies:

- Simple Blessings...72 Main St...270-522-6002...Third Saturday of each month...
10-11AM... No clothing or Food items
- Joy Closet (Foster/Kinship Families)...814 Belmont St...Hopkinsville, KY 42240...
270-632-1232...joycloset@gmail.com...must provide Foster papers

Clothing:

- Bargain Barn/The Clothes Closet (Helping Hands)...307 Main St...
270-522-1001...Tuesday,Thursday & Saturday...10AM-1PM.
- Cave Springs Baptist Church...Renea Catlett...270-839-5338
- Joy Closet (Foster/Kinship Families)...814 Belmont St...Hopkinsville, KY 42240...
270-632-1232...joycloset@gmail.com...must provide Foster papers
- East Cadiz Baptist Church.../coats, hats, gloves, blankets...Call in November...270-522-7522

Counseling:

Mental Health Counseling:

- Pennyroyal Mental Health penneyroyalcenter.org
Hopkinsville Clinic...735 North Drive, Hopkinsville, KY 42240...270-886-5163
Princeton Clinic...1350 Highway 62 West, Princeton, KY 42445...270-365-2008
Crisis Response Center ... 877-473-7766...24/7 or text RESPOND to 839863...24/7
- Mountain Comprehensive Care Center...mtcomp.org
Hopkinsville Clinic...676 North Drive, Hopkinsville, KY 42240...270-887-8800
Princeton Clinic...114 Edwards St, Princeton, KY 42445...270-365-7684
Help Line...1-800-422-1060...24hrs

Family Counseling

---PACS...Family Preservation...270-707-9735...<http://www.pacs-ky.org>

Domestic Abuse/Sexual Assault

---Sanctuary House...210 E 9th St Hopkinsville, KY...24/7 Crisis Line 800-766-000...Business Ph 270-885-4572

Substance Abuse Meetings

---AA...Cadiz Christian Church...31 Main St...every Tuesday 6PM...Sherry S...270-350-3903

---Refuge Church Community Healing Group...This is a spiritual healing group...31 Commerce Street...
Every other Tuesday@6PM...Ms. Smith...270-206-2003

---Celebrate Recovery (Adults)/The Landing (Teens)...Trigg County Family Worship Center...
51 Oak Lawn Farm Rd...Monday...meal@5:15PM...Meetings start @ 6PM...270-522-5839

Food

---Helping Hands...21 Line Street...270-522-1001...M,F 10AM-1PM

---Meeting Place...3568 Meeting Place LN... Bro. Danny Mitcheson...270-924-5201...3rd Thursday
of each month...Food bank opens @ 5PM...Short service @ 6PM

---WIC Program...Trigg County Health Department...196 Main St...270-522-8121

---Cave Springs Baptist Church...Lela Wilson...270-235-5270

---Refuge Church Food Pantry...Jeremiah Kline...270-206-2578

---One Church...270-291-1122 or 270-350-3001

Food Stamps

---Department of Community Based Services...277 Commerce St...270-522-3451...

Apply on line at <https://kynect.ky.gov/benefits/s/snap-program> or call 855-306-8959.

Household items---(furniture, furnishings, children's toys, appliances, etc):

---Bargain Barn/The Clothes Closet (Helping Hands)...307 Main Street...270-522-1001...
Tuesday, Thursday & Saturday...10AM-1PM.

---Joy Closet (Foster/Kinship Families)...814 Belmont St...Hopkinsville, KY 42240...
270-632-1232...joycloset@gmail.com...must provide Foster papers

Housing --- Income Based.

---Housing Authority of Cadiz (HUD)...117 Lincoln Av...270-522-3916

---Barkley Manor Apartments...134 West End...270-522-3969

---East Gate Apartments...455 Lafayette St...270-522-8388

Laundry:

---Laundry Love... Cadiz Coin Laundry...1989 Main St...4th Tuesday of each month...5-7 pm...
People are allowed to do up to 6 loads of clothes and/or bedding at no cost...Detergent can be
provided. Contact: Angie @ 270-350-2833...Sandwiches provided by Grace Place Ministries of
Cadiz Methodist Church...270-522-6237

---Laundry Love...Daytime... Cadiz Coin Laundry...1989 Main St...2nd Tuesday of each
month...10AM-2PM...Provided by Grace Place Ministries of Cadiz Methodist Church...Snacks
furnished...Same restrictions as above...270-522-6237

Meals:

---Wednesday Night Meals (operates by school calendar)... Cadiz Methodist Church
482 Lakota Dr...270-522-6237... No cost, donations accepted

---Trigg Co Senior Citizen Center (PACS)... 127 Joy Ln...270-522-8341...M-F... Congregate meals...home delivered meals for qualified seniors...call before coming

Medical:

---Medicaid & KCHIP... Depart of Community Based Services...277 Commerce St...
270-522-3451 or PACS 270-886-6341...Apply on-line:

<https://kynect.ky.gov/benefits/s/medicaid-kchip-program>

---Trigg Co Health Department...196 Main Street...270-522-8121...School age vaccinations,
well checks...cost based on income

Transients-Trigg County:

---Ministerial Alliance/Travelers Aid...help with lodging, gas, and food for those stranded in
Cadiz Contact: Pastor Kevin Deibert, Cadiz Christian Church...270-522-8402

---Cadiz Methodist Church...Cindy...270-522-6237

Transportation:

---PACS...1-800-467-4601...Will transport to medical appointments inside or outside the
county...Must schedule 3 days (72 hours) prior to appointment...Must qualify for Medicaid
and family cannot have a vehicle registered in their name.

--- Senior Shuttle/PACS...Inside Trigg County...270-522-8341 to schedule, must have 48 hr
notice...No charge...Available to take you for grocery trips, medical appts, pharmacy and
Senior Center Trigg County

Utilities:

---PACS...270-522-3265...8am-4:30pm

---Helping Hands...Once per year no more than \$100...270-522-1001

---Cadiz United Methodist Church...Cindy...522-6237

---One Church...270-291-1122 or 270-350-3001

1. The first step in the process of developing a business plan is to determine the nature of the business and the market it will serve. This involves a thorough analysis of the industry and the competitive environment. The business plan should clearly define the company's mission, vision, and core values, and should outline the specific products and services to be offered. It should also identify the target market and the strategies for reaching it.

2. The second step is to conduct a detailed financial analysis. This includes determining the start-up costs, the operating expenses, and the revenue projections. The business plan should provide a clear picture of the company's financial health and its ability to generate a profit. It should also outline the financing requirements and the sources of capital. The financial analysis should be based on realistic assumptions and should be updated regularly as the business evolves.

3. The third step is to develop a marketing and sales strategy. This involves identifying the key marketing channels and the sales tactics to be used. The business plan should outline the specific marketing programs and the sales goals to be achieved. It should also describe the customer service and support strategies. The marketing and sales strategy should be based on a deep understanding of the target market and the competitive environment.

4. The fourth step is to develop an operational plan. This involves detailing the day-to-day activities of the business, including the production process, the distribution channels, and the human resources requirements. The business plan should outline the specific operational procedures and the key performance indicators (KPIs) to be used to monitor the business's performance. It should also describe the risk management strategies and the contingency plans.

5. The final step is to develop a financial summary and a conclusion. The financial summary should provide a clear and concise overview of the company's financial performance and its ability to generate a profit. The conclusion should summarize the key findings of the business plan and provide a clear recommendation on whether the business is a viable investment opportunity. The business plan should be presented in a professional and persuasive manner, and should be updated regularly as the business evolves.